# ROLE PLAYING EXERCISE: Know Your No's



#### SCENE: 'Two middle schoolers stand outside a school after class lets out for the day.

**STUDENT 1** says: "Hey, I'm having a sleepover Friday! My parents won't be home and we're going to drink. You're coming, right?"

**STUDENT** 2 looks uncomfortable. How can they say "no"?



### OPTION A:

**STUDENT 2:** "Um, no, I don't think I can. I ... um...ah...you know."

**STUDENT 1:** "I know you can. Come on, it won't be the same if you don't come."



# OPTION B:

**STUDENT 2:** "No Way! What ARE you-stupid?"

**STUDENT 1:** "No, I'm not-but you are if you don't come."



# OPTION C:

**STUDENT 2:** "No, that stuff can make you sick."

**STUDENT 1:** "Says who? Don't worry about it! Are you coming?"



# OPTION D:

**STUDENT** 2: "No thanks, I don't want to. But I'll see you at the game Saturday." **STUDENT** 1: "Um, OK, I'll see you later."



# OPTION E:

**STUDENT** 2: "Did you study for the quiz today?"

STUDENT 1: "Huh? Come on! Can you come over or what?"



National Institute on Alcohol Abuse and Alcoholism