

# Alcohol Baseline Progress Note

Date: \_\_\_\_\_ Time spent: \_\_\_\_\_

Patient name: \_\_\_\_\_

**AUDIT** score (if done):  (positive =  $\geq 8$  for men;  $\geq 4$  for women)

Screening question:

**Heavy drinking days** in the past year  
( $\geq 5$  drinks for men/ $\geq 4$  for women)  days (positive =  $\geq 1$ )

Continue if screen is positive:

**Average weekly drinking**  drinks per week

## DSM-IV (revised) symptom criteria:

Abuse—Repeated or persistent problems in any of these areas because of drinking?

no  yes **role failure**  no  yes **run-ins with the law**

no  yes **risk of bodily harm**  no  yes **relationship trouble**

Is **one or more** positive?  no  yes → **Alcohol abuse**

Dependence—Any of the following symptoms in the past year?

no  yes **tolerance**  no  yes **spent a lot of time on drinking-related activities**

no  yes **withdrawal**  no  yes **spent less time on other matters**

no  yes **not been able to stick to drinking limits**  no  yes **kept drinking despite psychological or physical problems**

no  yes **not been able to cut down or stop in spite of attempts**  no  yes **kept drinking despite psychological or physical problems**

Are **three or more** positive?  no  yes → **Alcohol dependence**

**Additional history:** \_\_\_\_\_

**Physical examination and laboratory:** \_\_\_\_\_

## Assessment:

Negative alcohol screen  Alcohol abuse  Alcohol withdrawal

At-risk drinking  Alcohol dependence

## Plan:

Repeat screening as needed  Patient education about drinking limits

Recommended drinking within limits → Did the patient agree?  yes  no

Recommended abstinence → Did the patient agree?  yes  no

Naltrexone 50 mg daily  Acamprosate 666 mg 3 times daily  Disulfiram 250 mg daily

XR-Naltrexone injectable  Acamprosate 333 mg 3 times daily (for moderate renal impairment)

Thiamine 100 mg IM/PO

Other medication/dosage: \_\_\_\_\_  Referral (specify): \_\_\_\_\_

Other plan (specify): \_\_\_\_\_

## Followup:

# Alcohol Followup Progress Note

Date: \_\_\_\_\_ Time spent: \_\_\_\_\_

Patient name: \_\_\_\_\_

**Heavy drinking days** in the past **month**  days (positive =  $\geq 1$ )

( $\geq 5$  drinks for men/ $\geq 4$  for women)

**Average weekly drinking** in the past **month**  drinks per week

**Working diagnosis:**  At-risk drinking  Alcohol abuse  Alcohol dependence

**Goal:**  Drinking within limits  Abstinence

**Current medications:**  Naltrexone  Acamprosate  Disulfiram

Other (specify): \_\_\_\_\_

## Interval history and progress:

\_\_\_\_\_  
\_\_\_\_\_

## Physical examination and laboratory:

\_\_\_\_\_  
\_\_\_\_\_

**Assessment:**  At-risk drinking  Goals fully met  
 Alcohol abuse  Goals partially met  
 Alcohol dependence  Goals not met

\_\_\_\_\_  
\_\_\_\_\_

## Plan:

- Repeat screening as needed  Patient education about drinking limits
- Recommended drinking within limits  $\longrightarrow$  Did the patient agree?  yes  no
- Recommended abstinence  $\longrightarrow$  Did the patient agree?  yes  no
- Naltrexone 50 mg daily  Acamprosate 666 mg 3 times daily  Disulfiram 250 mg daily
- XR-Naltrexone injectable  Acamprosate 333 mg 3 times daily (for moderate renal impairment)
- Thiamine 100 mg IM/PO
- Other medication/dosage: \_\_\_\_\_
- Referral (specify): \_\_\_\_\_

## Followup:

Additional plan (withdrawal treatment, coexisting conditions): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_