

Self-Administered Alcoholism Screening Test (SAAST)

BRIEF DESCRIPTION

The SAAST is a 35-item alcoholism screening test derived from the MAST. Items have been added to the MAST to make it suitable for use in general medical populations. The test is available in a form suitable for administration to the patient (Form I) and a form for use with a person (spouse, friend, etc.) who knows the patient (Form II). Domains included are loss of control, occupational and social disruption, physical consequences, emotional consequences, concern on the part of others, and family members with alcohol problems.

TARGET POPULATION

Adults

Adolescents (over 16 years)

Groups for which this instrument might be especially helpful?

General medical patients

ADMINISTRATIVE ISSUES

Number of items: 35

Number of subscales: 2

Format(s): Pencil-and-paper self-administered

Interview

Observation

Computer self-administered

Other

Time required for administration: 5 minutes

Administered by: *Self*

Training required for administration? yes no

SCORING

Time required to score/interpret: 5 minutes (*immediate with computer*)

Scored by: *Hand or computer*

Computerized scoring or interpretation available? yes no

Norms available? yes no

Instrument normed on subgroups? yes no

Which groups? *Sex, age*

PSYCHOMETRICS

Have reliability studies been done? yes no

What measure(s) of reliability was used?

- Test-retest (Interrater only)
- Split half
- Internal consistency

Have validity studies been done? yes no

What measures of validity have been derived?

- Content
- Criterion (predictive, concurrent, "postdictive")
- Construct

Has factor analysis been done? yes no

CLINICAL UTILITY OF INSTRUMENT

Use as screening instrument for alcoholism in medical inpatient and outpatient settings.

RESEARCH APPLICABILITY

Many possibilities; most likely use is as criterion measure in target samples.

SOURCE, COST AND COPYRIGHT ISSUES

Copyright: yes no

Cost: *Not applicable*

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SOURCE REFERENCE

Swenson, W.M. & Morse, R.M. (1975). The use of a self-administered alcoholism screening test (SAAST) in a medical center. *Mayo Clin Proc*, 50, 204-208.

SUPPORTING REFERENCES

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