

Recovery Attitude and Treatment Evaluator (RAATE) Clinical Evaluation (CE) and Questionnaire I (QI)

BRIEF DESCRIPTION

The RAATE-CE and RAATE-QI were designed to assist in placing patients into the appropriate level of care at admission, making continued stay or transfer decisions during treatment (utilization review), and documenting appropriateness of discharge. Both instruments demonstrate good face and rational-expert content validity.

The RAATE-CE is a 35-item semi-structured clinical interview, which may be administered by a trained technician or counselor in 20 to 30 minutes. It uses five scales to measure the constructs of resistance to treatment (current treatment/recovery motivation and denial), resistance to continuing care (future and long-term treatment/recovery motivation and denial), severity of biomedical problems, severity of psychiatric/psychological problems, and social/environmental support. Repeating these measures over time facilitates the measurement of change in those constructs.

The RAATE-QI is a 94-item true/false self-report questionnaire designed to be compatible with and assess the same five underlying dimensions as the RAATE-CE from the patient's point of view. The RAATE-QI takes approximately 25 to 40 minutes to complete. The RAATE-QI internal consistency (KR-20) reliabilities ranged from .63 to .78 for Dimensions A-E, while the test-retest reliabilities (within a 24-hour period) ranged from .73 to .87.

TARGET POPULATION

Adults

Adolescents

Groups for which this instrument might be especially helpful?

The RAATE-CE and QI are appropriate for any adult (over the age of 18) English-speaking population. The RAATE-CE and QI have been validated on both white and minority middle-class and low-SES chemically dependent/dually diagnosed clients.

ADMINISTRATIVE ISSUES

Number of items: 35/RAATE-CE; 94/RAATE-QI

Number of subscales: 5

Format(s): Pencil-and-paper self-administered

Interview

Observation

Computer self-administered

Other

Time required for administration: 20 to 30 minutes/RAATE-CE;
25 to 40 minutes/RAATE-QI

Administered by: *Trained chemical dependence professional/RAATE-CE;*
patient/RAATE-QI

Training required for administration? yes no
(Recommended, but not required)

SCORING

Time required to score/interpret: *Less than 5 minutes for RAATE-CE;*
less than 10 minutes for RAATE-QI

Scored by: *Trained chemical dependency professional*

Computerized scoring or interpretation available? yes no

Norms available? yes no

Instrument normed on subgroups? yes no

Which groups? *A spectrum of ethnic groups with overrepresentation of*
low SES and minorities

PSYCHOMETRICS

Have reliability studies been done? yes no

What measure(s) of reliability was used?

Test-retest

Split half

Internal consistency

Have validity studies been done? yes no

What measures of validity have been derived?

Content

Criterion (predictive, concurrent, "postdictive")

Construct

CLINICAL UTILITY OF INSTRUMENT

The RAATE-CE and RAATE-QI provide objective documentation to assist in making appropriate treatment placement decisions; they strengthen individualized care and facilitate more individualized treatment planning; they measure treatment progress; and they assess the need for continuing care and discharge readiness.

- RESEARCH APPLICABILITY The RAATE-CE and QI could provide current status measures for baseline determinations, estimates of interim improvement, discharge readiness, and posttreatment outcome measures in experimental and naturalistic studies. RAATE instruments can provide measures of pretreatment readiness and motivation.
- SOURCE, COST AND COPYRIGHT ISSUES Copyright: yes no
Cost: *Interested persons who are qualified to be purchasers and users of the RAATE-CE and QI may contact Evince Clinical Assessments, listed below.*
Introductory kit (guide, scoring templates and five of the CE and QI forms) \$27.00
Administration Guide \$11.50
RAATE-CE (25 forms) \$62.50
RAATE-QI (25 forms) \$62.50
Source: Evince Clinical Assessments
P.O. Box 17305
Smithfield, RI 02917
Phone: 401-231-2993 or 800-755-6299
Fax: 401-231-2055
E-mail: evinceassessment@aol.com
- SOURCE REFERENCES Mee-Lee, D., Hoffmann, N.G. & Smith, M.B. (1992). *The Recovery Attitude and Treatment Evaluator Manual*. St. Paul, MN: New Standards, Inc.
Mee-Lee, D. (1988). An instrument for treatment progress and matching: The Recovery Attitude and Treatment Evaluator (RAATE). *Journal of Substance Abuse Treatment*, 5, 183-186.
- SUPPORTING REFERENCES Smith, M.B., Hoffman, N.G. & Nederhoed, R. (1995). Development and reliability of the Recovery Attitude and Treatment Evaluator-Questionnaire I (RAATE-QI). *International Journal of the Addictions*, 30(2), 147-160.
Smith, M.B., Hoffmann, N.G. & Nederhoed, R. (1992). The development and reliability of the RAATE-CE. *Journal of Substance Abuse*, 4, 355-363.