**Self-Administered Alcoholism Screening Test (SAAST)**

**BRIEF DESCRIPTION**
The SAAST is a 35-item alcoholism screening test derived from the MAST. Items have been added to the MAST to make it suitable for use in general medical populations. The test is available in a form suitable for administration to the patient (Form I) and a form for use with a person (spouse, friend, etc.) who knows the patient (Form II). Domains included are loss of control, occupational and social disruption, physical consequences, emotional consequences, concern on the part of others, and family members with alcohol problems.

**TARGET POPULATION**
- Adults
- Adolescents (over 16 years)

Groups for which this instrument might be especially helpful?
- General medical patients

**ADMINISTRATIVE ISSUES**
- Number of items: 35
- Number of subscales: 2
- Format(s): Pencil-and-paper self-administered
  - Interview
  - Observation
  - Computer self-administered
  - Other
- Time required for administration: 5 minutes
- Administered by: Self
- Training required for administration? no

**SCORING**
- Time required to score/interpret: 5 minutes (immediate with computer)
- Scored by: Hand or computer
- Computerized scoring or interpretation available? no
- Norms available? no
- Instrument normed on subgroups? no
- Which groups? Sex, age
PSYCHOMETRICS

Have reliability studies been done? ☑ yes ☐ no

What measure(s) of reliability was used?

☐ Test-retest (Interrater only)
☐ Split half
☒ Internal consistency

Have validity studies been done? ☑ yes ☐ no

What measures of validity have been derived?

☐ Content
☒ Criterion (predictive, concurrent, “postdictive”)
☐ Construct

Has factor analysis been done? ☑ yes ☐ no

CLINICAL UTILITY OF INSTRUMENT

Use as screening instrument for alcoholism in medical inpatient and outpatient settings.

RESEARCH APPLICABILITY

Many possibilities; most likely use is as criterion measure in target samples.

SOURCE, COST AND COPYRIGHT ISSUES

Copyright: ☑ yes ☐ no

Cost: Not applicable

Source: Terry Schneekloth, M.D.
Department of Psychiatry & Psychology
Mayo Clinic
200 First Street, S.W.
Rochester, Minnesota 55905

SOURCE REFERENCE


SUPPORTING REFERENCES


