Quitting Time for Alcohol Questionnaire (QTAQ)

BRIEF DESCRIPTION
The QTAQ is a 23-item questionnaire designed to measure reasons for episodic cessation of alcohol use using college students and community and clinical populations. It has three subscales: Internal Status, Avoidance-Adherence, and Immediate Context. Confirmatory factor analysis showed good psychometric structures for the students and community but not the clinical populations.

TARGET POPULATION
☒ Adults
☐ Adolescents (over 16 years)

Groups for which this instrument might be especially helpful?
Students, community social drinkers, and problem drinkers

ADMINISTRATIVE ISSUES
Number of items: 23
Number of subscales: 3
Format(s): ☒ Pencil-and-paper self-administered
☐ Interview
☐ Observation
☐ Computer self-administered
☐ Other
Time required for administration: 10 minutes
Administered by: Self
Training required for administration? ☐ yes ☒ no

SCORING
Time required to score/interpret: 10 minutes
Scored by: Self
Scoring key? ☐ yes ☒ no
Computerized scoring or interpretation available? ☐ yes ☒ no
Norms available? ☒ yes ☐ no
Instrument normed on subgroups? ☒ yes ☐ no
Which groups? College students and community drinkers
PSYCHOMETRICS

Have reliability studies been done? ☒ yes ☐ no

What measure(s) of reliability was used?

☒ Test-retest
☐ Split half
☒ Internal consistency

Have validity studies been done? ☒ yes ☐ no

What measures of validity have been derived?

☒ Content
☒ Criterion (predictive, concurrent, “postdictive”)
☒ Construct

SOURCE, COST AND COPYRIGHT ISSUES

Copyright: ☒ yes ☐ no

Cost: None

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SOURCE REFERENCE


SUPPORTING REFERENCE