Personal Experience Inventory (PEI)

**BRIEF DESCRIPTION**
This self-report inventory documents the onset, nature, degree, and duration of chemical involvement in 12- to 18-year-olds and identifies personal risk factors that may precipitate or sustain substance abuse. In addition, six problem screens alert you to the possibility of family chemical dependency, sexual abuse, physical abuse, eating disorder, suicide potential, and need for psychiatric referral.

**TARGET POPULATION**
- □ Adults
- ❑ Adolescents

Groups for which this instrument might be especially helpful?
Adolescents at risk for substance abuse or psychological problems

**ADMINISTRATIVE ISSUES**
Number of items:
- Number of subscales: 7 scales; 12 Psychosocial Scales; 10 Problem Severity Scales, 6 Problem Screens; plus Use, Frequency, Duration, and Age of Onset for 12 drug categories

Format(s):
- ❑ Pencil-and-paper self-administered
- □ Interview
- □ Observation
- □ Computer self-administered
- □ Other

Time required for administration: 5 minutes
Administered by: Generally self-administered (individuals or groups); can be administered by trained clerk
Training required for administration? ❑ yes □ no (minimal training required)

**SCORING**
Time required to score/interpret: None (computer scored or FAX service)
Scored by: Computer disk, mail-in answer sheet
Computerized scoring or interpretation available? ❑ yes □ no
Norms available? ❑ yes □ no
Instrument normed on subgroups? ❑ yes □ no
Which groups? Drug clinic samples and normal high school samples

PSYCHOMETRICS

Have reliability studies been done? ☑ yes ☐ no

What measure(s) of reliability was used?

☐ Test-retest

☐ Split half

☒ Internal consistency

Have validity studies been done? ☑ yes ☐ no

What measures of validity have been derived?

☒ Content

☒ Criterion (predictive, concurrent, "postdictive")

☒ Construct

CLINICAL UTILITY OF INSTRUMENT

The PEI simplifies identification, referral, and treatment. It is widely used in substance abuse treatment programs, student assistance programs, juvenile rehabilitation centers, and private practice. The PEI makes it easier to evaluate the many adolescents who are entering the health care system at younger ages with more poorly defined problems. It permits more specialized treatment, and it helps document the need for treatment.

RESEARCH APPLICABILITY

The PEI is useful in any study assessing adolescent chemical dependency and psychosocial risk.

SOURCE, COST AND COPYRIGHT ISSUES

Copyright: ☑ yes ☐ no

Cost: $135.00 per test kit (including manual and cost of computer scoring and interpretation for five administrations)

Source: Ken Winters, Ph.D.

University of Minnesota

Department of Psychiatry

420 Delaware Street SE, Box 393

Minneapolis, MN 55455

Cost/source of computerized scoring: Western Psychological Services. Disk (25 uses) is $285.00; Mail-In Answer Booklet is $18.50; FAX service is $18.50

All with discounts for quantity use.

SOURCE REFERENCE

SUPPORTING REFERENCES


