Drinking Refusal Self-Efficacy Questionnaire (DRSEQ)

**BRIEF DESCRIPTION**
The DRSEQ is a 3-factor, 31-item measure of drinking-related self-efficacy. The three factors are drinking in situations characterized by social pressure, opportunistic drinking, and emotional relief.

**TARGET POPULATION**
- □ Adults
- □ Adolescents

Groups for which this instrument might be especially helpful?
Adults, especially nonproblem drinkers, problem drinkers, and hospitalized alcohol patients

**ADMINISTRATIVE ISSUES**
- Number of items: 31
- Number of subscales: 3
- Format(s): □ Pencil-and-paper self-administered
  - □ Interview
  - □ Observation
  - □ Computer self-administered
  - □ Other
- Time required for administration: 10 minutes
- Administered by: Self
- Training required for administration? □ yes □ no

**SCORING**
- Time required to score/interpret: 10 minutes
- Scored by: Can be self-scoring
- Computerized scoring or interpretation available? □ yes □ no
- Norms available? □ yes □ no
- Instrument normed on subgroups? □ yes □ no

Which groups? Adult clinical patients, adult community drinkers, and university students

Comments: Current percentiles and t-scores based on a sample of 570 students and community drinkers. Bigger samples including problem drinkers are in preparation.

PSYCHOMETRICS

Have reliability studies been done? ☒ yes ☐ no
What measure(s) of reliability was used?
☒ Test-retest
☐ Split half
☒ Internal consistency

Have validity studies been done? ☒ yes ☐ no
What measures of validity have been derived?
☒ Content
☒ Criterion (predictive, concurrent, “postdictive”)
☒ Construct

CLINICAL UTILITY OF INSTRUMENT

The DRSEQ can discriminate between problem drinkers and can be used to follow progress in therapy. It can also be used to plan treatment.

RESEARCH APPLICABILITY

The DRSEQ has been widely used in research for understanding and treatment of alcohol problems.

SOURCE, COST AND COPYRIGHT ISSUES

Copyright: ☒ yes ☐ no From Journal of Psychopathology and Behavioral Assessment
Cost: None
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SOURCE REFERENCES


SUPPORTING REFERENCES

