Drinking Expectancy Questionnaire (DEQ)

BRIEF DESCRIPTION
The DEQ is a 6-factor, 43-item measure of alcohol expectancies which has been revised using both community and clinical populations. Five factors relate to specific alcohol expectancies of assertion, affective change, sexual enhancement, cognitive change, and tension reduction. A sixth factor, dependence, is more general and relates to perceived level of alcohol involvement.

TARGET POPULATION
- Adults
- Adolescents

Groups for which this instrument might be especially helpful?
Community drinkers, problem drinkers, and hospitalized drinkers

ADMINISTRATIVE ISSUES
Number of items: 43
Number of subscales: 6
Format(s):
- Pencil-and-paper self-administered
- Interview
- Observation
- Computer self-administered
- Other

Time required for administration: 15 minutes
Administered by: Self
Training required for administration? yes no

SCORING
Time required to score/interpret: 15 to 20 minutes
Scored by: Can be self-scoring
Computerized scoring or interpretation available? yes no
Norms available? yes no
Instrument normed on subgroups? yes no

Which groups? Adult clinical patients, adult community drinkers, and university students

Comments: Current percentiles and t-scores based on a sample of 570 students and community drinkers. Bigger samples including problem drinkers are in preparation.
### PSYCHOMETRICS

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<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
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<tbody>
<tr>
<td>Have reliability studies been done?</td>
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<td>What measure(s) of reliability was used?</td>
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<td>☑ Test-retest</td>
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<td>☐ Split half</td>
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<td>☑ Internal consistency</td>
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<tr>
<td>Have validity studies been done?</td>
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<td>What measures of validity have been derived?</td>
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<td>☑ Content</td>
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<td>☑ Criterion (predictive, concurrent, “postdictive”)</td>
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<td>☑ Construct</td>
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### CLINICAL UTILITY OF INSTRUMENT

The DEQ can discriminate between problem drinkers and can be used to follow progress in therapy. It can also be used to plan treatment.

### RESEARCH APPLICABILITY

The DEQ has been widely used in research for understanding and treatment of alcohol problems.

### SOURCE, COST AND COPYRIGHT ISSUES

Copyright: ☑ yes ☐ no From Journal of Psychopathology and Behavioral Assessment

Cost: None

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### SOURCE REFERENCES


SUPPORTING REFERENCES


